



Starbucks Coffee Company

Fact Sheet: Lunch Offerings

April 2013

Customers are always looking for wholesome, delicious and convenient food options for their on-the-go lifestyle. This summer Starbucks introduced a new selection of Salad Bowls and Deli Sandwiches available all day to provide customers delicious and balanced nutrition.

With wholesome, delicious ingredients, the new Starbucks® Salad Bowls provide you with a crave-able, satiating lunch option you feel great about eating – and they are each less than 450 calories. The new salad bowls are available at company-operated Starbucks stores in the U.S., with the exception of the Hearty Veggie & Brown Rice Salad Bowl, which will be available at select stores.

The new Starbucks® Deli Sandwiches are great to grab on the go, each a flavor-filled twist on a classic favorite. The four new Deli Sandwiches are all available at company-operated Starbucks stores in the U.S. Pair your Salad Bowl or Deli Sandwich with your favorite Starbucks® beverage for the perfect summer lunch.

Chicken & Greens Caesar Salad Bowl



A familiar favorite, Caesar salad, is made over with a healthful twist of fresh kale and the addition of roasted tomatoes, all topped with grilled chicken for a satisfying source of protein.

*340 calories (140 w/o dressing)
25g fat (4.5g w/o dressing)
19g protein (17g w/o dressing)*

Zesty Chicken & Black Bean Salad Bowl



A blend of grilled chicken, black beans, roasted corn, jicama, tomatoes, feta, spring greens and protein-rich quinoa is topped with a mild chile vinaigrette in this zesty choice.

*360 calories (230 w/o dressing)
15g fat (4.5g w/o dressing)
19g protein (19g w/o dressing)*

Hearty Veggie & Brown Rice Salad Bowl



Roasted butternut squash & beets are tossed with sliced kale and red cabbage, steamed broccoli florets, garden peas and all topped with a lemony tahini dressing for a fresh and filling combination.

*430 Calories (250 w/o dressing)
22g fat (6g w/o dressing)
10g protein (7g w/o dressing)*

Egg Salad Deli Sandwich



Starbucks® classic egg salad sandwich gets an extra dose of flavor with the addition of chives and arugula on cider wheat bread.

520 calories, 31g fat, 22g protein

Turkey & Havarti Deli Sandwich



Carved oven-roasted turkey is layered with scallion mayo, dill Havarti cheese and butter lettuce on harvest wheat bread for a delicious combination.

470 calories, 26g fat, 29g protein

Ham & NY Cheddar Deli Sandwich



Carved oven-roasted ham is paired with sharp New York cheddar cheese, topped with a tangy apple mustard and arugula on cider wheat bread.

460 calories, 18g fat, 31g protein

Chicken Salad BLT Deli Sandwich



This twist on a BLT includes grilled chicken, bacon, roasted tomato, scallion lemon pepper mayo and butter lettuce on harvest wheat bread.

530 calories, 30g fat, 29g protein

For More Information

If you have questions or need more information, you may contact us at press@starbucks.com.

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