



Fuel Your Day with Quality Food and Snacks at Any Time

Any time, any season, any craving – Starbucks has you covered! Starbucks is delighted to offer a variety of delicious foods to fuel your daily adventures. From healthy grab-and-go snacks and bistro boxes, to more satiating warm sandwiches, Starbucks has something to fit your eating and snacking schedule, no matter what spontaneous adventures await!

Bistro Boxes

Starbucks® Bistro Boxes are available all day and provide customers delicious and balanced nutrition in a convenient grab-and-go format. The boxes are available in the below varieties and range from \$4.95 to \$6.95.

NEW! PB&J on Wheat Bistro Box



Natural peanut butter and strawberry jam on wheat bread paired with mozzarella string cheese, vegetables, Greek yogurt ranch dip, apples and milk chocolate-covered raisins.

*450 calories
14g protein
23g total fat*

Omega-3 Bistro Box



Smoked wild Alaskan salmon cream cheese spread, edamame hummus, Omega-3 infused trail mix with dark chocolate chunks, wheat-free crackers, and cucumbers.

*420 calories
8g protein
27g total fat*

Edamame Hummus Wrap



Edamame hummus with sweet bell peppers, zucchini, spinach, and garlic-herb cheese on a spinach tortilla. Paired with roasted tomato sauce and sesame-flax crackers.

*490 calories
12g protein
27g total fat*

Thai-Style Peanut Chicken Wrap



Grilled chicken breast tossed in a peanut coconut sauce, topped with a chile-lime veggie slaw, red bell peppers, lettuce and ginger cream cheese served on a chile tortilla. Paired with peanut-coconut sauce and a side of grapes.

*430 calories
16g protein
19g total fat*

Protein Bistro Box



A hard-boiled cage free egg, sliced tart apples, grapes, and white Cheddar cheese served with multigrain muesli bread and honeyed peanut butter.

*380 calories
13g protein
19g total fat*

Cheese & Fruit Bistro Box



A trio of cheeses: creamy Brie, bold Gouda, two year-aged Cheddar, 9-grain crackers, green apple wedges and a mix of roasted almonds and tart dried cranberries.

*480 calories
18g protein
28g total fat*



Refresh Your Routine with Refreshing Salads, Sandwiches and Wraps

From flavorful salads and wraps to heartier sandwiches Starbucks has great food on the go. Whether you're looking for a quick bite or a leisurely lunch break, the quality and variety of Starbucks grab-and-go foods are perfect for all taste and nutrition preferences. Starbucks warm paninis range from \$5.25 to \$6.45.

BBQ Beef Brisket on Sourdough



Beef Brisket with Gordon Biersch beer braised onions and melted Sonoma Jack Cheese on toasted Sourdough.
*510 calories
23g protein
22g total fat*

Chicken Artichoke Panini



Ancient grains flatbread spread with signature sun-dried tomato pesto and topped with grilled chicken breast, tender roasted artichoke hearts and provolone cheese.
*510 calories
28g protein
27g total fat*

Chicken Santa Fe Panini



Juicy slices of chicken breast with a sour cream green chili spread, bell peppers and pepper Jack cheese on ancient grains flatbread.
*410 calories
26g protein
12g total fat*

Turkey Pesto Panini



Sliced turkey and melted provolone cheese with fire-roasted peppers and basil pesto on a toasted focaccia roll.
*480 calories
32g protein
21g total fat*

Roasted Tomato & Mozzarella Panini



Inspired by the cuisine of Italy, this delicious sandwich is a burst of sweet Roma tomatoes, creamy mozzarella cheese, spinach and savory basil pesto.
*390 calories
15g protein
18g total fat*

Turkey Rustico Panini



Sliced turkey, smoked Swiss cheese, Dijon mustard, smoky sweet onion marmalade and baby kale on focaccia.
*480 calories
33g protein
18g total fat*

Old-Fashioned Grilled Cheese



Three cheese blend of aged white cheddar, yellow cheddar and mozzarella cheese, served on hearty multigrain bread.
*580 calories
28g protein
29g total fat*

Zesty Chicken & Black Bean Salad



A blend of grilled chicken, black beans, roasted corn, jicama, tomatoes, feta, spring greens and quinoa with mild chili vinaigrette.
*360 calories
19g protein
15g total fat*



Fact Sheet: Starbucks® Food and Snacks

Sept. 2015

Hearty Veggie & Brown Rice Salad



Tossed roasted butternut squash, beets, kale, red cabbage, broccoli florets, garden peas, and roasted tomatoes served on brown rice. Side of lemon tahini dressing.
430 calories
10g protein
22g total fat

Chicken BLT Salad Sandwich



Grilled chicken, bacon, roasted tomatoes, scallion-lemon-pepper mayonnaise spread and lettuce on harvest wheat bread.
470 calories
26g protein
25g total fat

Egg Salad Sandwich



Egg salad mixed with chives, dill relish and arugula on cider wheat bread.
480 calories
22g protein
27g total fat

Turkey and Havarti Sandwich



Featuring carved oven-roasted turkey, it comes with plenty of trimmings: dill Havarti cheese and lettuce with scallion mayonnaise, served on hearty harvest wheat bread.
450 calories
33g protein
22g total fat



NEW! Seasonal Treats to Sweeten the Day

We celebrate fall with a return to routine, an opportunity to connect and enjoy delicious familiar treats, which pair perfectly with our coffee. We have a variety of seasonal offerings with the quintessential taste of fall.

Washington Apple Pound Cake



A traditional pound cake with diced, juicy, Washington apples and brown sugar to create the perfect balance of sweet, buttery cake and tart apple.

*360 calories
5g protein
18g total fat*

Pecan Tart



A perfectly sweet balance of crunchy pecans, brown sugar and honey in a butter crust.

*330 calories
4g protein
18g total fat*

Pumpkin Sugar Cookie



A classic buttery sugar cookie all dressed up for fall.

*330 calories
4g protein
19g total fat*

Pumpkin Cream Cheese Muffin



A moist pumpkin muffin filled with sweet cream cheese and a sprinkling of chopped caramelized pepitas.

*350 calories
5g protein
14g total fat*

Pumpkin Scone



A scone bursting with seasonal flavors – pumpkin pie spice and cinnamon topped with sweet icing.

*450 calories
4g protein
21g total fat*